Carmel Valley Middle School

A Proud Member of the San Dieguito Union High School District



CVMS Weekly Newsletter for Thursday, December 21, 2023

Message from the Principal

Dear Bobcat Families.

As we send our Bobcats off to enjoy a well-deserved winter break, I just wanted to take a moment to thank our community for the trust you place in our staff to educate and care for your kids. As I visited classrooms today, and saw all the classroom celebrations, I was reminded again of just how much the CVMS staff does to ensure that our students feel safe, happy, connected, and successful.

I hope that our entire Bobcat community takes time this holiday season to reconnect with family and friends. I wish you all a happy New Year, and I look forward to welcoming everyone back to campus in 2024!

Go Bobcats!

Adam Bishop Interim Principal

CVMS Upcoming Events

12/22-1/9	No School - Winter Break
1/10	Single Period Day

Every Tuesday and Thursday

Academic Power Hour <u>for</u>
<u>Tutoring</u> 2:45-3:45 in the
<u>Learning</u> Commons
(Learning Commons is open for all
students until 3:45 every day)







Assistant Principal's Message

- We've had a largely smooth and successful first semester. Through their actions, students have demonstrated time and again their understanding of the three principles we emphasized at the beginning and have reinforced throughout the year:
 - Be respectful
 - Be responsible
 - Be accepting of all Bobcats

We look forward to another successful semester when we return from break! Between now and then though, I hope you are able to enjoy quality time with family and/or friends. Happy Holidays.

A note regarding changes in the <u>Learning Commons during lunch</u> when we return from break:

We're going to be introducing some changes to the Learning Commons in January in order to maintain an orderly environment for all students during lunch.

Main changes:

- * You can only use your Chromebook for academic work. No video games, YouTube videos, etc.
- * You can only use your Chromebook if you are sitting at a table. Your screen must be visible at all times.
- * It's four or six chairs to a table only. No moving chairs to a different table
- * If you're in the LC, you need to find somewhere to sit and have something to do.

Sincerely, Nathan Molina Assistant Principal



Counselors' Corner

From all of us on Team Counseling, we would like to extend our wishes for a wonderful break. It has been so much fun hearing from our Bobcats over the last few weeks what their winter break plans are. Whether you are traveling to a favorite place or just enjoying being at home, we hope that this is a time to relax, recharge and reconnect. We hope that 2024 brings you much joy and happiness and is full of whatever makes your heart happiest.

Since this is often not the easiest time of year for many families, we wanted to include some information from the County Office of Education on <u>dealing with stress during the holidays</u> and <u>staying healthy during the holidays</u>.

As a reminder, offices will be closed until 1/8/24. Even though our schools will be closed, we want to provide some resources so you may easily reference them should you or a family member need help during the break or beyond.

- Feeding San Diego
- <u>2-1-1 San Diego</u>
- If you or a family member need counseling help, Care Solace can help quickly find options to match your needs, regardless of the circumstance. Multilingual support is available 24/7/365 - Call 888-515-0595, visit <u>caresolace.com/sduhsdfamilies</u> to search OR click "Book Appointment" for assistance by video chat, email, or phone.
- 988- National Suicide Prevention Hotline

ASB + GENERAL NEWS

To all participants of this year's Reflections Art Program.

The Reflections Showcase and announcement of the winners moving forward to the Ninth District PTA will take place on Thursday January 11, 2024 @ 6:00PM in the Cove at Earl Warren Middle School/ Solana Beach Library. Please plan on attending and good luck to all our participants!

Job Opportunity at CVMS: We have a job opportunity for a part-time Campus Supervisor at Carmel Valley Middle School. The hours are 11:06 a.m. to 3:00 p.m. Monday-Friday.

Please visit the job posting for more information: https://www.edjoin.org/Home/JobPosting/1865678

ASB Activities and Updates

Winter Wonder Grams are on sale now at lunch in front of the finance window for \$1.00. All grams will be delivered on Dec. 21st during 4th period.

Get out your **Festive Holiday Wear**! Dec. 18-20 we are encouraging students to show their holiday spirit and wear festive holiday gear!

Math League Sign Ups for AMC 10A and AMC 10B

Please use the links below and register for the AMC 10 A and AMC 10 B.

AMC 8. Jan 24:

https://maa.edvistas.com/datamate/testRegister.aspx?id=f587a1b0-0c6c-4cd9-9314-adf63b832a03

Please make sure that students know their username and password. On the day of the competition, they have to login and take the exam.

Lost & Found Items in bin: Please stop by the administration office to see if any lost & found items are yours. There are many water bottles, jackets, sweaters & miscellaneous items that need to be claimed prior to the holidays when at that time all items will be donated.

Yearbooks!! We only have 200 remaining to sell - go to Jostens.com to buy yours today!

Yearbook wants your photos! We would love your photos from the December/January holiday! Please submit photos here. You can also email them to cvyearbook@sduhsd.net

<u>8th Grade Student Recognition ads</u> for this year's yearbook can be purchased now at this link. <u>We only have space for eight more!</u> You may purchase multiples if you'd like your ad to be larger than ½ page.

Free ESL classes for the spring term starting in January. Classes will be hosted at both OCMS and CVMS. For more information <u>click here</u>.

CVMS Resources and Links

<u>CVMS Website</u> <u>CVMS Bell Schedule</u>

CVMS Calendar SDUHSD Website

CVMS PTSA

Carmel Valley Middle School

3800 Mykonos Lane

San Diego, CA 92130

Website: cv.sduhsd.net
Phone: 858-481-8221
Fax: 7858-481-8256

PTSA News

Happy Holidays from the CVMS PTSA! We want to wish all our Bobcat families a joyous holiday season! We will see you back on campus in 2024...!

Reflections families please join us on Thursday January 11, 2024 @ 6:00 PM to celebrate the completion of another event. Your students have inspired and wowed our judges, and we appreciate YOUR support! The Reflections Showcase will be held on Thursday, January 11, 2024 @ 6:00 PM in the Cove at Earl Warren Middle School / Solana Beach Library. We will also be announcing the winners at that time... see you there!

The CVMS PTSA Membership Drive has started! By joining the CVMS PTSA, your dues support our school and students. PTSA members can vote on the PTSA budget and PTSA Board Officers. Memberships are \$25 per person. Joining the PTSA does not mean you are obligated to volunteer or make other commitments at our school. To sign up for a PTSA Membership visit:

Shop to Support - In addition to our annual fundraiser that is coming up, there are other easy ways you can support CVMS every day. Shop these retailers and the CVMS PTSA receives donations when you make a purchase.

Ralphs Community Contribution Program – link your Ralphs card account and they will send a donation every time you swipe your card. Link how for instructions.



CVMS Music Boosters

Volunteers: Welcome to the 2023-2024 school year! We are thrilled to bring music to Carmel Valley Middle School and the community this year. The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this <u>volunteer form</u>.

Please consider a tax deductible <u>donation</u> to our Music Department! Your generosity ensures a robust music program like no other for this year and beyond!

Thank you for attending our winter concerts! Happy Holidays! We look forward to seeing you in 2024!









Did you know that SDUHSD hosts monthly parent collaboratives for families receiving special education services as well as informational sessions related to all things special education?

<u>Please click here for more information on our informational sessions</u> or to access the <u>SDUHSD Special</u> <u>Education Family Resource Webpage.</u>

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CVMS PTSA

Carmel Valley Middle School 3800 Mykonos Lane San Diego, CA 92130 Website: <u>cv.sduhsd.net</u> Phone: 858-481-8221 Fax: 7858-481-8256